The Dutton District Lions Club presents….

2019 Dutton Sports-Fest

 Swim Meet



**When:** July 21st, 2019

Warm ups @ 8:30am

**Where:** Dutton-Dunwich Community Pool

196 Queen St,

Dutton, Ontario

N0L 1J0

  Phone: 519-762-2772

**Registration:** $10.00 /swimmer (includes $5 event fee & $5 lunch fee)

**Sports-Fest Swim Meet**

**Dear Coaches,**

**The Dutton Dolphins Swim Team would like to invite you to the 2019 Dutton Sports-Fest Swim Meet, at the Dutton Pool on Sunday July 21st 2019.**

**Warm ups will begin at 8:30am and the meet will start at 9:00am. Coaches meeting will be at 8:30am where registration fees can be paid.**

**The age of swimmers will be determined AS OF JULY 1st. swimmers are encouraged to participate in 3 out of 4 strokes plus the I.M. where age group applicable. WINTER SWIMMERS WILL HAVE TO ADD 1 YEAR TO THEIR AGE TO DETERMINE AGE-GROUP PLACEMENT. (an 11 year old would swim as a 12 year old if they are a winter swimmer).**

**Enclosed in the meet package is the swimmer event list, rules and regulations, and team roster sheets. Please fill out the team rosters completely and email them to** **aquatics@duttondunwich.on.ca** **by Wednesday July 17th. No late registrations will be accepted.**

**We look forward to your participation in the Dutton Sports-Fest Swim Meet!!!!**

**Dutton Dolphins 2019 meet – RULES AND REGULATIONS**

1. Strokes and turns must follow Swim Canada regulations. Strokes and turns decision is final. Discrepancies should be brought to the attention of the strokes and turns immediately by a coach only.
2. **Any swimmer who has been competing or training with a swim club at any time between June 1st, 2017 and June 1st, 2019 shall have one year added to their age. High School swim teams as recognized by OFSAA will not be considered “club” and shall swim in their age category.**
3. College and University students, lifeguards, instructors and coaches will not be allowed to compete.
4. Age is to be determined as of July 1st, 2019. Swimmers must swim in the same age category for all individual races for the entire meet.
5. Swimmers will be allowed to swim 3 strokes and I.M.
6. Two-hand touches are required for Butterfly and Breaststroke for U10 and up, U8 will be at the discretion of the stroke judge.
7. Swimmers will be allowed 1 false start. The second will result in disqualification.
8. 8 & under competitors will be disqualified for:
	1. wrong stroke to gain advantage
	2. standing on the bottom of the pool or grabbing lane ropes or sides to gain advantage
	3. interfering with another swimmer
9. 9 & over competitors will be disqualified for:
	1. wrong stroke
	2. touching bottom of pool, ropes or sides to gain advantage
	3. not doing a 2-hand touch in butterfly and breaststroke
10. No flotation devices are allowed to assist swimmers.
11. Points will be awarded as follows:
	1. 1st – 7pts,
	2. 2nd – 5pts,
	3. 3rd – 4pts,
	4. 4th – 3pts,
	5. 5th – 2pts,
	6. 6th – 1pts
12. Gold, silver and bronze medals will be awarded for each individual age group. Ribbons will be awarded for 1st through 6th place.
13. A trophy will be awarded to the top team with the most points.
14. Have fun and swim your best, support your team and please respect the pool.

**EVENT SCRIPT**

**Warm ups:** @ 8:30am

**Coaches Meeting:** @ 8:30am

**Meet Begins** @ 9:00am

**Lunch Time:** Will be announced

**Medal Ceremony:** After Freestyle

**INDIVIDUAL MEDLEY**

**U8** Girls/Boys 50m Individual Medley (Two Strokes)

**U10** Girls/Boys 100m Individual Medley (Fly, Back, Breast, Free)

**U12** Girls/Boys 100m Individual Medley (Fly, Back, Breast, Free)

**U14** Girls/Boys 100m Individual Medley (Fly, Back, Breast, Free)

**15+** Girls/Boys 100m Individual Medley (Fly, Back, Breast, Free)

**BUTTERFLY**

**U6** Girls/Boys 25m Butterfly

**U8** Girls/Boys 25m Butterfly

**U10** Girls/Boys 25m Butterfly

**U12** Girls/Boys 50m Butterfly

**U14** Girls/Boys 50m Butterfly

**15+** Girls/Boys 50m Butterfly

**BACKSTROKE**

**U6** Girls/Boys 25m Backstroke

**U8** Girls/Boys 25m Backstroke

**U10** Girls/Boys 25m Backstroke

**U12** Girls/Boys 50m Backstroke

**U14** Girls/Boys 50m Backstroke

**15+** Girls/Boys 50m Backstroke

**BREASTSTROKE**

**U6** Girls/Boys 25m Breaststroke

**U8** Girls/Boys 25m Breaststroke

**U10** Girls/Boys 25m Breaststroke

**U12** Girls/Boys 50m Breaststroke

**U14** Girls/Boys 50m Breaststroke

**15+** Girls/Boys 50m Breaststroke

**FREESTYLE**

**U6** Girls/Boys 25m Freestyle

**U8** Girls/Boys 25m Freestyle

**U10** Girls/Boys 25m Freestyle

**U12** Girls/Boys 50m Freestyle

**U14** Girls/Boys 50m Freestyle

**15+** Girls/Boys 50m Freestyle

**Registering your team:**

Please fill in completely; **maximum** **3 events plus IM (except U6 no IM)** – (please check last column if swimmer has swam with a club anytime between September 1, 2018 and June 1, 2019).

**Or submit via email to: Ryan Fink (Aquatics Supervisor)**

aquatics@duttondunwich.on.ca

**Registration Due By: July 17, 2019**

\*Note: Please submit registration by the due date stated above. No late registrations will be excepted. There will be absolutely **no refunds** for registered swimmers after July 17th, 2019 or the day of the meet. Teams must pay for the number of registered swimmers including day of entries.

Please complete the pre-marshalling sheet attached and send via email by July 17th, 2019. Thank you.

**Any questions or concerns, please contact us at:**

Phone: 519-762-2772

Email: aquatics@duttondunwich.on.ca

**For more information on our meet visit us at:**

Facebook: Dutton Dolphins Swim Team or Dutton Dunwich Community Pool

**For directions:**

Please see the attached map on last page of package

***Thank You,***

***Dutton Pool Aquatic Staff***

Team Name: ­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Name | Age as of July 1st, 2018 | Male/Female | Fly | Back  | Breast | Free | IM | Club |
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**Map to the Dutton Dunwich Community Pool**

196 Queen Street, Dutton, Ontario, N0L 1J0

Parking for swim meet will be at the Dutton-Dunwich Community centre

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